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We are feeling creatures that think, and
not thinking creatures that feel.

Dr. J. B Taylor



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Your happiness depends on your self-reliance, to take responsibility of your life, regardless of who had a hand in making it the way it is now.

John Reyes



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Self-pity is addictive. It gives momentary pleasure and separates the victim from reality.

John W. Gardner



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Our emotions have a mind of their own,
one which can hold views quite
independently of our rational mind.

Daniel Goleman



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Our feelings are not there to be cast out or conquered. They are there to be engaged and expressed with imagination and intelligence.

T.K. Coleman



THE GAME OF CHANGE

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If you don't like something, change it. If you can't change it, change your attitude.

Maya Angelou



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Progress is impossible without change and those who cannot change their minds cannot change anything.

George Bernard Shaw



THE GAME OF CHANGE

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Be the change you want to see in
the world.

Mahatma Gandhi



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The future is something which everyone reaches at the rate of 60 minutes an hour, whatever he does or whoever he is.

C S Lewis



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Only by self-respect will you compel
others to respect you.

Fyodor Dostoyevsky



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Open your arms to change, but do not
let go of your values.

Dalai Lama



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Knowledge is gained by gathering data,
whereas wisdom is earned by going
through actual life experience.

Master Jin Kwon



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If you want to be happy, set a goal that commands your thoughts, liberates your energy and inspires your hope.

Andrew Carnegie



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The great things in this world are not so much where we are, but in what direction we are moving.

Oliver Wendell Holmes



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When a man sits with a pretty girl for an hour, it seems like a minute. But let him sit on a hot stove for a minute, then it's longer than an hour. That's relativity.

Albert Einstein



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Life is like riding a bicycle. To keep the balance, you must keep moving.

Albert Einstein



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Science is a way of thinking, much more than it is a body of knowledge.

Carl Sagan



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Never allow someone to be your priority
while allowing yourself to be
their option.

Mark Twain



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The meeting of two personalities is like the contact of two chemical substances. If there is any reaction, both are transformed.

Carl Jung



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Your kids require you most of all to love them for who they are. Not to spend your whole time trying to correct them.

Bill Ayers



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Your children are not your children. They come through you, but they are life waiting to express itself.

Wayne Dyer



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Nothing can make you happy until you choose to be happy. Your happiness will not come with you, it will only come from you.

Ralph Hatson



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The little things, the little moments,
they aren't little.

Jon Kabat-Zinn



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If you have the choice between being right
and being kind, choose being kind.

Wayne Dyer

